

Prayer of Discernment



Spirit of Guidance, we see before us numerous choices and decisions that need to be made.

There is division in our hearts. Sometimes we want none of what we find. Sometimes we want it all. Sometimes we want to give up making decisions and wish that the future would go away.

We entrust our decision-making into your hands, ready to do our part but also knowing that we cannot do this without your help.

Lead us through all the unsure, unclear, doubtful, hesitant, and questioning moments that are ours as we search to find the right way in which to go. Grant us the grace to choose freely. Help us to trust that you will be with us as we make our decisions for our future prayerfully and with faith.

Assure us that your peace will rest deep within us as we make the decisions that seem best for us at this time and into the future. We may continue to experience feelings of turmoil and confusion, but deep within we know we can return to that settled place in us where you always dwell.

Guide and Director of our lives, we place our lives in your hands. Lead us on the path that will best, and Deepen and strengthen our relationship with you.

We pray together, amen.

Adapted from prayer by Joyce Rupp in *Out of the Ordinary*